

Supply List — *Painting on the Right (and Left) Side of the Brain* with Kathleen Conover, April 5-9, 2027

Please bring **basic supplies you regularly use** and **ALL the MUST-HAVE items below**. The first day is the messiest and busiest so, please, wear your old painting clothes, disposable gloves and bring **all** your materials below.

MUST-HAVE

- Watercolor paper: 12 quarter-sheets, approx. 11"x15" each, of watercolor paper. I prefer Arches or Kilimanjaro 140# cold press. Paper from "blocks" is fine.
- Paints: watercolor in tube or liquid, (not dry pans), any brand. Yes, you can use acrylic paints **if** you regularly use them.
- Acrylic products: 4ozs. Matte Medium (this is clear) **AND** 4ozs. white gesso (pourable)
- Brushes: a variety including one 2" wide brush (can be old and/or cheap)
- Sketchbook and a few sheets of tracing paper
- A few old watercolor paintings to recycle
- Scissors, spray bottle, white chalk, clear packaging tape, glue stick
- Containers: 6-in. wide mouth containers **& lids** (like deli or cottage cheese containers) and a large container for water
- Paper towels, Kleenex or napkins
- Applicators and textures (be creative here): sponge, stamps, stencils, scrapers (old credit cards, etc.), bubble wrap...you get the idea
- 11"x14" cut mat to make "L's" or "crop bars" (or bring some you already have)
- Small stack of newspapers and magazines to cut up

OPTIONAL BUT WONDERFUL

- Reference materials of imagery **IF** you want to include it in your paintings (total non-objective is great)
 - A board (slightly larger than your paper) for supporting and weighting paper
 - Sketches, thoughts for themes or concepts to explore
- DON'T FORGET - your enthusiasm and a sense of adventure.

LEAVE AT HOME - preconceptions, self-doubt and fear.

Watch a 3 part You Tube video of my teaching on my website at the bottom of the "workshop" gallery.

www.kathleenconover.com